

2010 SESSIONS

Holy Names University is located in the hills of Oakland, CA just off Highway 13. The women's volleyball program is once again hosting their annual fund raising summer camps for the young ladies of the greater Bay Area.

This 5 day camp is open to all girls age 7-15. Two sessions will be offered this summer that emphasize the basic fundamentals of volleyball.

Our sessions are open to girls from all playing experience levels, from beginners to advanced. Whether learning the game as a beginner or wanting to improve skills, this camp will offer an outstanding opportunity to learn the fundamentals of passing, setting, hitting, serving, digging and basics of team play, while continuing to develop individual skills. Players will be grouped according to skill level and will participate in team play every afternoon. Our campers return year after year to work on their game in a fun, enthusiastic and energetic atmosphere!

FOR MORE INFORMATION

Summer Programs Director: Nick Lusson

Email: hnusportscamp@hnu.edu

Phone: (510) 436-1491

Online: www.hnuhawks.com/f/Summer_Camps.php

Mail: HNU Summer Sports Camps
Holy Names University
3500 Mountain Blvd
Oakland, CA 94619

Holy Names Volleyball Camps
Holy Names University
3500 Mountain Blvd
Oakland, CA 94619

HOLY NAMES UNIVERSITY GIRLS VOLLEYBALL CAMP

Oakland, CA

Session 1: August 2-6

Session 2: August 9-13

Ages 7 - 15

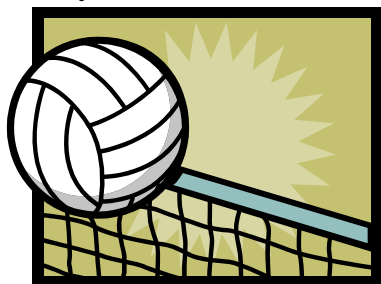
SUMMER 2010

HOLY NAMES KNOWS VOLLEYBALL!



Holy Names Won the 2007 California Pacific Conference Championship, and has appeared in the Regional Tournament. The Women's volleyball program has the honor of having 3 conference MVPs, and 4 conference coach of the year honors. The Hawks also shine in the classroom with 3 players earning Academic All-American honors.

Camp Coaches: The Holy Names Volleyball Camps will once again be staffed with **current, former and future Holy Names University players** who are eager to share their **passion, work ethic and success** with the youth of the community.



GIRLS CAMP: \$250 per person
****\$25 discount for siblings and multiple camps****

Session 1: August 2-6

Session 2: August 9-13

Ages 7 - 15

Camp Hours: 9:00 AM – 3:00 PM

Pre Care: 8:00 AM – 9:00 AM

After Care: 3:00 Pm -5:00 PM

Camp fee includes all instruction. Lunch is not included in fee. Campers are required to bring their own lunch. After-care is not included in fee and is available for an additional \$10 per hour, to be paid on the last day of camp).

Multiple Camp/Sibling Discount: Holy Names Volleyball Camps encourage campers to attend more than one camp and also bring along a sibling, regardless of skill level. A \$25.00 discount will be given to multiple camps and siblings.

CAMP HIGHLIGHTS

- Superior instruction
- 8:1 camper to instructor ratio
- 28 hours quality supervision & instruction
- Daily & Weekly contests and prizes
- Daily emphasis on fundamental development, team play and more
- Official HNU camp shirt

VOLLEYBALL CAMP REGISTRATION

REGISTRATION FORM

Please make checks payable to:

Holy Names Women's Volleyball



Session I (August 2-6): _____

Session II (August 9-13): _____

Name: _____

Age: _____ Grade entering in Fall 2010: _____

Shirt Size (please circle): YS YM S M L XL

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

Parent/Guardian: _____

Emergency Contact Name: _____

Emergency Contact Number: _____

I understand that there will be an optional daily swim hour supervised by certified lifeguards. By initializing the space provided I am giving my child permission to swim. _____

RELEASE OF LIABILITY: I hereby waive and release Holy Names University from any and all liability for any injuries or illnesses incurred while at camp. I understand that I will be financially responsible for all charges and fees incurred in the rendering of said emergency treatment, regardless of whether or not my medical insurance would cover such charges and fees.

Name: _____

Signature: _____

OFFICE USE ONLY:

Check # _____ Date: _____

Amount: _____

Conf. mailed: _____