



# HOLY NAMES UNIVERSITY

Dear Prospective Student,

Welcome to Holy Names University! In this packet you will find information about the First Year Experience Program at HNU as well as information about joining our residential community on campus. You will also find several important forms for you to complete and return as soon as possible and no later than May 15, 2009

## **HNU First Year Experience Program:**

At Holy Names University we are committed to your success and to supporting you in your transition to college. The HNU First Year Experience Program is a comprehensive program that includes academic classes exclusively for first year students, upper-class peer mentoring, co-curricular opportunities and thematic Learning Communities. **All new first year students are enrolled in the first year experience program, enclosed you will find more information as well as an FYE class selection form on which you may indicate 3 choices.** After you are assigned an FYE class you will work with your academic advisor at a summer Hawk Day to complete the rest of your schedule. If you have questions about this form please contact Laura Lyndon at [lyndon@hnu.edu](mailto:lyndon@hnu.edu) or 510-436-1658.

## **Living on Campus:**

The Office of Residence Life seeks to provide community members with a comfortable, educational, diverse, and caring community where academic success, individual development and social responsibility are valued. The Residence Life Office provides professional staff members to coordinate the Residence Life program, as well as Resident Assistants who are carefully selected and trained upper-class students who live within each building/floor, and are responsible for the facilitation of a positive community atmosphere. We are certain you will find residence life on campus to be a unique and valuable experience where opportunities to make friends are endless. Living on campus can enhance what you learn in the classroom and will help make your college years a well-rounded experience.

**If you intend to live on campus, please read this information and return the enclosed forms, along with a \$100 Housing deposit (check made payable to Holy Names University). These items will finalize your housing application and reserve a spot for you in one of our residence halls.** Meanwhile, should you have any questions about housing; you may call Marissa Brown at (510) 436-1442 or e-mail her at [mbrown@hnu.edu](mailto:mbrown@hnu.edu).

**The following items are required to complete your First Year Experience File (all new first year students) & your Residence Life file (new residential students):**

- Housing Application**
- Housing Preference Form**
- Meal Plan Contract**
- Housing deposit (\$100 check payable to HNU)**
- First Year Experience preference form**

We look forward to hearing from you and to welcoming you as a new member of the Holy Names Community.

Sincerely,

Laura Lyndon  
Associate Dean of Students  
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Oakland, CA 94619  
[lyndon@hnu.edu](mailto:lyndon@hnu.edu)

Marrisa S. Brown  
Coordinator of Residence Life  
3510 Mountain Blvd.  
Oakland, CA 94619  
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## Lifestyles & Personal Preference

Please be thorough and honest in answering the following questions as they will assist us in selecting your appropriate roommate.

**The cleanliness of my room is:**  Very Important  Somewhat Important  Not Important

**Being asleep by midnight is:**  Very Important  Somewhat Important  Not Important

**I expect my room to be:**  A fairly private place to relax  A place where friends can socialize

**When studying, I am:**  Easily Distracted  Able to ignore background noise

**Do I smoke:**  Yes  No

**My personality is:**  Open Minded  Witty  Private  Outgoing

Quiet  Talkative  Conservative  Patient

Easily Frustrated  Detailed  Independent

Other: \_\_\_\_\_  
Explain

**My Musical style(s) is:**  Alternative  Country  Spiritual  Classic Rock

Rap/Hip Hop  R&B  Classical  Pop

Rock/Heavy Metal  House  Jazz

Other: \_\_\_\_\_  
Explain

## My ideal roommate is:

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## My ideal community is:

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## Roommate Preference:

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## Office use only:

Date received: \_\_/\_\_/\_\_

Student Type:  New(FY)  Returner  Transfer  Graduate

Health Insurance & Immunization received:  Yes  No

Entered into SIS: \_\_/\_\_/\_\_ Housing Placement: \_\_\_\_\_ Room: \_\_\_\_\_



# First Year Experience/Learning Community Selection Form

Please see the back of this form for a full description of the First Year Experience Program at Holy Names University. Contact Laura Lyndon ([lyndon@hnu.edu](mailto:lyndon@hnu.edu), 510-436-1658 with questions.

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_ Major \_\_\_\_\_

Will you be playing on an athletic team at HNU? Yes  No  Which sport? \_\_\_\_\_

Are you a residential or commuter student? \_\_\_\_\_

All first year students are assigned to a First Year Experience class. Please select your top three choices from the classes listed below and write them at the bottom of this form. FYE students join the Learning Community associated with the class they are assigned and residential students will be housed on the corresponding floor.

## Learning Community: Diversity for Social Justice

Residential Students are housed on Dunn 2nd Floor

RLST 75/PHIL 75: World Wisdom Traditions (Truxler)	Monday & Wednesday	11:00-12:15
ISAC 1: The Ancient World (Gibson)	Monday, Wednesday, Friday	10:00-10:50
Music 97: Introduction to Music (Hofer)	Monday, Wednesday, Friday	9:00-9:50

## Learning Community: Leadership for Social Justice

Residential Students are housed on Dunn 3rd Floor

BSAD 30: Principles of Management (Frideger)	Monday & Wednesday	1:30-2:45
COMM 1: Essentials/Interpersonal Communication (Prentiss)	Tuesday & Thursday	11:00-12:15
PSCI 1: Introduction to Political Science (Patrinos)	Tuesday & Thursday	11:00-12:15

## Learning Community: Service for Social Justice

Residential Students are housed on Dunn 5th Floor

ENGL 001A: Critical Reading and Writing (Handler)	Tuesday & Thursday	9:30-10:45
PSYC 1: Introduction to Psychology (Isaacson)	Tuesday & Thursday	11:00-12:30
SOCI 1: Introduction to Sociology (Sarno)	Tuesday & Thursday	4:30-5:45

Please indicate three FYE course choices (for example: COMM 1, BSAD 30, ENGL 1A )

\_\_\_\_\_

If you do not have a strong preference for the course but have a particular interest in one of the Learning Community themes please indicate that here:

# The Connections Project First Year Experience Program:

## Providing you with the building blocks for success at HNU

- **Freshman Courses:** You will be enrolled in an academic course, taught by a member of the HNU Faculty, limited to 16 freshman. Choices Include: Communications, Principles of Management, Word Wisdom Traditions, Critical Reading and Writing, Introduction to Political Science , ISAC 1: The Ancient World, Introduction to Music, Introduction to Psychology, or Introduction to Sociology. **On the other side of this form you will fill out your top three preferences for FYE classes.**
- **Peer Support:** Every first year student is part of a 6-8 student cohort with an upper-class student leader assigned as a mentor. Your mentor will provide support, advice, and great perspective on being a successful HNU Student.
- **Connections Project Lab:** A one unit course consisting of Workshops, Field Trips, and Community Service Projects on and off campus - activities all designed to connect you to one another and the greater community.
- **Campus Common Reading:** All freshmen – and many other members of the HNU community – will be reading the same book, and participating in discussions, campus events, and workshops related to our themes. Past readings have included Blues City: A Walking Tour of Oakland; The Omnivore’s Dilemma; and Mountains Beyond Mountains
- **Learning Communities:** Coming to college is about joining a community and for first year students at HNU, this means joining a Learning Community developed around themes tied to HNU’s mission and core values. These themes will inform the programming, community building and social events planned for first year students both in and out of the residence halls.

“I learned to be courageous and stepped out of my comfort zone by participating in cultural and community events.”

“I became more confident in my personal social skills by meeting and talking to people I was not familiar with.”

“I have learned to be an active listener and not to be scared of asking questions.”

“I learned to manage my time and to be organized.”

“FYE was a great experience for me to able to get out of my shell and get more involved.”

“I was able to participate in community activities and help make a difference within the city of Oakland and at HNU.”

- HNU Student comments on the First Year Experience -